

LINCOLN 101

WHAT YOU WON'T BE TOLD BY YOUR STUDENT

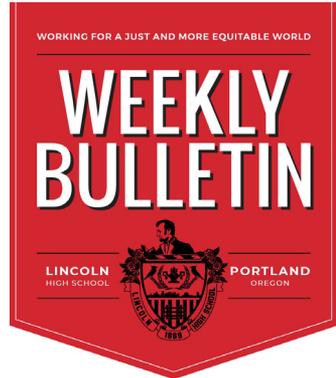
This was written during COVID, and aims to give an overview of school life when in the building too. Dates and events may change. How clubs are run will change. If you cannot find the information, or people you need, please reach out to us at info@friendsoflhs.com and we will help point you in the right direction. **GO CARDS!**



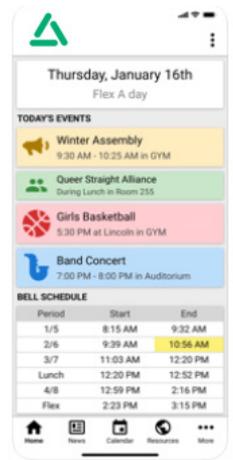
FRIENDS OF LINCOLN

STAYING UP TO DATE

- **Ensure you are on the Lincoln email list** which is generated from the info you give at registration. As a new Lincoln parent, you are automatically enrolled in Lincoln and PPS’s electronic mailing lists. Opting out of one means you opt out of all emails. If you are not receiving Lincoln’s “Weekly Bulletin” at the end of each week, you are not enrolled. If you want to receive news, sports, career and college information, links to calendars, social media, construction updates, and more, you’ll want to be on this list. Contact [Jennifer Herbst](#) to verify your email address in the PPS system or unblock your opt-out. See what you’ve missed in the [archive](#).
- **Get on the Friends of Lincoln email list.** If you aren’t getting updates on FoL activities, [email us](#). Our community includes 300 historically underserved students, many of whom face food insecurity: 1 in 10 Cards receive free or reduced lunch. PPS equity funding is not available to Lincoln. Learn more about the benefits of being in the Friends of Lincoln at [friendsoflhs.com](#).



- **Visit the Lincoln High School website** at pps.net/lincoln.
 - Under Athletics, find updates at lincolnathletics.com.
 - Under [Student Activities](#), see links to many clubs and departments including Lincoln Drama which has its own site at lincolnhighschool drama.com.
- **Download the Trivory app.** Can't keep A & B days straight? Add this free app developed by Roosevelt High School students to your phone to have events, the bell schedule, reminders, news, full school calendar, bus trackers, staff directory, office hours, Lincoln specific links and more at your fingertips. It is a simple, must-have tool to navigate daily life at school for both parents and for your students.



KEY EVENTS

Much will change this year, but in some shape or form, expect to see:

- Back to School Night - September
- Parent-Teacher Conferences - October
- Site Beautification Work Parties - Monthly
- Alumni Holiday Food Drive (donations and food delivery) - December

VOLUNTEERING

- **All requests for specific teacher, general administration and Counseling Center support will come through the Lincoln admin team by email.** See Key Lincoln Contacts below (last page). You can also find these contacts on the [Teachers & Staff](#) web page.
- **Friends of Lincoln is always in need of volunteers for key projects** like site beautification, teacher appreciation events, and to join the development, marketing, design, athletic and financial teams. If you can find time to spare, we can fit projects to your skills. Contact [Lauren Holden Kilbane](#) or sign up [online](#). All information about specific roles can be found at [friendsoflhs.com](#).

Volunteer Signup



Volunteer Information

Area of Interest*

- Volunteer - Campus Beautification
- Volunteer - Communications
- Volunteer - Bookkeeping/Database Support
- Volunteer - Fundraising
- Volunteer - Teacher Appreciation
- Volunteer - Other

Contact Information

First Name*	<input type="text"/>
Last Name*	<input type="text"/>
Email*	<input type="text"/>
Confirm Email*	<input type="text"/>
Phone	<input type="text"/>

Other Talents to Share

Have another super power you'd like to share? Please let us know about it in the Additional Comments section below.

Additional Comments

SUPPORT FOR YOUR STUDENT

- **AVID** gives students extra help to stay up to date with their work and gives specific support across the curriculum. You need to request to sign up for this class. Check-in with your counselor or [Melinda Gale](#), the teacher who runs this program. Space is limited.
- **Writing Center** is based in a room off the library. Led by [Amy Loy](#) as a drop in to give students support in all writing projects.
- **Flex** is valuable makeup time weaved into the kids' schedule to get work done and talk with specific teachers to help complete projects. These occur twice a week during full weeks.
- **Math** is supported by a dedicated Math Instructional Specialist, [Chuck Slusher](#), who works with students needing extra support. In the event of online instruction, Dr. Slusher has set up additional math work groups during flex and other times. When in the building he and other Math teachers often work in the cafeteria on lunch and breaks specifically to be available to help students.
- A list of [all teaching staff](#) is on the Lincoln website.

ATHLETICS

- If your student wants to compete in any of the athletic programs, check lincolnathletics.com for timings of sign-ups and try-outs.
- To try out, your student will need to have a medical sign off by their physician. It is worth scheduling this in advance so you aren't held up. It is renewed every two years.
- Most athletic activities fall under the Portland Interscholastic League (PIL). If not, they are independent clubs run by coaches, such as rugby, fencing and equestrian. You will receive information on how to sign up and costs from the head coaches.
- For more information about Lincoln athletics, contact: [Jessica Russell](#), Lincoln AD or [AJ Valencia](#), Athletic Department Assistant or [Friends of Lincoln Athletics](#).
- If you are unable to cover the cost of participation, please let Jessica Russell know. Friends of Lincoln ensures finance will never be a barrier to participation.

EXTRACURRICULAR ACTIVITIES

- Friends of Lincoln ensures the ability to pay is never a barrier to participation in any extracurricular activity at Lincoln. Contact info@friendsoflhs.com for more information.

DRAMA

- Pre-COVID, the drama department performed shows throughout the year. Check lincolnhighschool drama.com for updates on how to join.

CHORUS

- Choir is a class for which students sign up. This coming year it will be held online and in person. Outdoor field trips are being planned which will allow students to sing together at a safe distance. If interested, contact [Lisa Riffel](#) to schedule an online audition.

CLUBS

- Lincoln has a wide number of thriving clubs. Check under Student Activities for an [updated list](#).
- There is a Club Fair in September for students to meet the organizers and sign up. If your student doesn't see what they enjoy, they are encouraged to set up their own club.
- The Constitution Team recruits towards the end of the school year for the next year. It is open to 10-12th grade students. Tryouts are in the Spring.
- Speech and Debate is coached by [Jeff Koegler](#). He can be reached for more information on how to join the team.
- Brothers and Sisters of Color sign up is at the club fair or by contacting them through Student Activities on the Lincoln website.



THE CARDINAL TIMES

ESTABLISHED EIGHTEEN NINETY-SEVEN

HOME NEWS FEATURES SPORTS CORONAVIRUS OPINION PODCASTS GALLERY VIDEO STAFF CONTACT US



Scenes from the aftermath of Portland protests



Coronavirus across the country



The impact of COVID-19 in Portland: A gallery



Althouse goes the distance



Ethnic Studies Immigrant Story Project: A gallery

Ana Narayan
January 16, 2020
Over the past three days, the US History, Ethnic Studies and photography classes have participated in a project modeled on the Immigrant Story Project and projects at Justice High School. Students from Lincoln interviewed immigrants in our community, which included:



Gallery: Color Wars Assembly

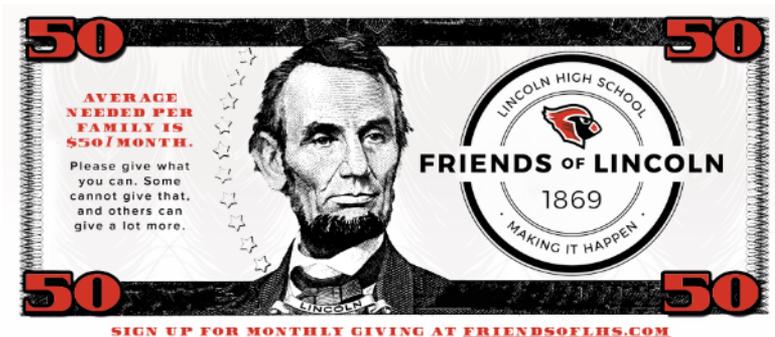
STUDENT PUBLICATIONS

Sign up for all Lincoln publications showcasing our students' talents, opinions, and thoughtful discussion under: Student Activities | [Publications & Yearbook](#) on the LHS website.

- *Cardinal Times*: A monthly newspaper established in 1897 highlights school-based issues. Sign up to receive a copy by mail and follow at cardinaltimes.org.
- *Beyond the Flock*: A monthly magazine discussing wider social issues.
- *Puño & Letra*: A monthly magazine in Spanish.
- *Yearbook*: Information will come out to sign up for your copy through SchoolPay.
- You can also get in touch with the students working on these publications if you would like to support with advertising.

PAYING FOR ACTIVITIES

- **SchoolPay:** Most school-related activities are paid through [SchoolPay](#). You are automatically enrolled at registration. If you have not used it before, click the 'find my account' button and enter the email you used when you registered your student.
- At the start of the year families are invited to **contribute to the costs of their student's classes**. This year, it will cover supplies that students can take home with them and tools to help online learning. This is a huge expense that Friends of Lincoln will also be supporting so your contribution to these classes will be valuable. You can find every class donation request on SchoolPay.
- **Friends of Lincoln:** FoL provides support throughout the year to students and families who may need assistance to ensure the ability to pay is never a barrier to participation. FoL supports athletics, clubs, classroom projects, enrichment programs and funding teachers. We ask for \$600 per student each year. This works out at \$50 a month. Whatever people can pay will make a difference. Set up monthly payments for whatever you can afford at: friendsoflhs.com/donate.html. **This year, we promise no further fundraising asks if we can reach our target through monthly donations!**



COUNSELORS

- You will be told the name of your student's counselor. They are assigned alphabetically and typically stay with your student throughout their time at Lincoln.
- When in the building, your student will meet with their counselor who will then be available to support them with class choices, building up to college preparation, and assist with any other challenging issues during their time at Lincoln.

ABSENCES

- If your student has to miss school please email [Jennifer Herbst](#) or send a note with your student to excuse the absence. If your student misses a class you will get a message from the Attendance Office notifying you of the absence. You do not need to respond to that voicemail unless it is to send a note or email explaining the absence if you did not already do so.

ROOM 104

- In the main hallway is Room 104 - Student Services. This is a hub of all knowledge and help for students. It is also where you can touch base with the admin team regarding payments and issues regarding your student. You can leave small packages for your student to pick up (lunches etc.) during their breaks between class.

COMPUTER/PLATFORMS

- Lincoln uses the Google suite for most classroom needs. If your student already has a computer/ tablet, great. If not, a Chromebook or equivalent will meet the needs of most LHS students. Friends of Lincoln provides Chromebooks at a reduced cost or free for any family who needs it.

LUNCH AT SCHOOL

- Lunchtime varies depending on the day's bell schedule. LHS has many options on and around campus for students. In addition to the pack-your-own lunch option, see the LHS Cafeteria options. Free and reduced lunch is available for anyone who qualifies. You're likely hear about Westside and Eastside markets, Burrito Cart, and Kinara Thai which offers \$5 bowls for students on certain days.

TRANSPORTATION

- All PPS students are given a free Tri-Met pass. There are traditional school buses serving areas beyond the reach of Tri-Met. Find more information on those routes. Neighborhood parking spots are limited to seniors and permits are given out in a lottery.

KEY LINCOLN CONTACTS

[Jill Ross - Business Manager](#)

[Sharlie Preusser - School Secretary - Main Office](#)

[Helen Yoon - Principal's Secretary](#)

[Jennifer Herbst - Attendance and Enrollment](#)

[Laura Lambert - Bookkeeper and SchoolPay](#)

FRIENDS OF LINCOLN CONTACTS

[Brad McMahon - President](#)

[Sue Harrison - Development](#)

[Joseph Gallivan - Communications](#)

[Sarah Harrington - Communications](#)

[Mary Ann Walker - Athletics](#)

[Elisabeth Moore - Secretary](#)

[Linda Salinsky - Treasurer](#)

[Lauren Holden Kilbane - In-School Support](#)

HELP US HELP EACH OTHER

Have questions we haven't addressed? Have ideas for content to add for new Lincoln parents? Let us know at info@friendsoflhs.com.

The [Friends of Lincoln website](#) is also a great starting point for updates on volunteering and FOL activities.